

ADAMS: Howard F., 73, of St. Johnsbury, died peacefully at his 1249 Concord Ave. home surrounded by his family early Friday morning, March 7, 2003, after a courageous battle with cancer. He was born in Portland, Maine, April 1, 1929, the son of Howard and Bernice (Lambert) Adams. He is survived by his wife Celine (Gauvin) Adams of St. Johnsbury; two sisters: Marion Sharik and husband Michael of Lebanon, NH, Ruth Gallagher of Winslow, Maine; six children: Victor Adams of Ladylake, FL, Art Adams of Tulsa, OK, Lucy Gobin and husband Daniel of Dunbarton NH, Lisa Nicol and husband James of New Durham, NH, John Adams and wife Sandy of Woodsville, NH, Joan Adams and fiance Kevin Pratt of St. Johnsbury; three granddaughters: Sherry Adams, Kristen Adams and Kirstie Nicol; one great-grandson: Isaac Theriault. He served in the U.S. Army military police during the occupation of Japan, World War II. He retired from Swift Independent in 1988 after 37 years of service. He truly beloved his family and his faithful cat, Dude, fishing, canoeing and gardening. During his retirement years he enjoyed his camp located in Brownington. He was a parishioner of St. John the Evangelist Roman Catholic Church. A funeral Mass will be celebrated Monday at 11 a.m. at St. John the Evangelist Church. Spring committal services will be held at Mt. Calvary Cemetery. Visiting hours will be held Sunday evening, March 9 from 6 p.m. to 8 p.m. Please omit flowers. Rather, the family requests memorial contributions be directed to either: "Food For Poor," Department 26483, 550 SW 12th Ave., Deerfield Beach, FL 33442 (be sure to reference "Angels of the Poor" on the front of the envelope); or to the Good Shepherd Foundation, P.O. Box 146, St. Johnsbury, VT 05819.