



HELEN L. CARON

On August 15, 2011, Helen Caron, 80, said goodbye to family and friends. She had a full life of living, loving and laughter, and she asks that everyone embrace each other in her memory and without sorrow. She wishes all of her fellow bridge players a Grand Slam!

Helen is survived by three sons, Fred Schaefer, Jr. of Missoula, MT, Mark Schaefer of Savannah, GA and Eric Schaefer of Boston, MA, and by three stepchildren, Bob Caron of Holden, MA, Donna Guillaume of Northbridge, MA and Sandy Winkler of North Port, FL. Helen's son, Carl Schaefer, and her loving husband of 30 years, Bob Caron, predeceased her.

Helen was born in St. Johnsbury, VT as the sixth child of Thomas and Flora Clothey. She graduated from St. Johnsbury Academy and the Brooklyn Hospital School of Nursing (NY). She was licensed as a registered nurse in NY, CT and MA. After working as a nurse for 20 years, Helen worked another 20 years with the MA Dept of Public Health, conducting certification inspections of health care facilities.

In 1992, Helen and Bob relocated from Shrewsbury, MA to Ocala, FL where they spent their retirement years developing the North Central Florida Chapter of the 82nd Airborne Division Association, of which Bob was a past Chairman and Helen was an honorary member.

There will be no service, and Helen's ashes will be buried alongside her husband at Forest Lawn Memory Gardens in Ocala. Remembrances in the names of Helen and Bob Caron may be sent to the 82nd Airborne Division Association Educational Fund, PO Box 65089, Fayetteville, NC 28306.